**APRIL 2021 • FREE** 



## Wapiti Bowmen Cinco de Arrow Target Shoot

The Wapiti Bowmen Archery Club will be hosting one of their signature 3D archery shoots. This fun event happens on May 1 & 2, 2021. Known as the Cinco de Arrow shoot, it is held each year in early May and is one of several weekend events that the club uses as fundraisers throughout the year. The targets are three-dimensional foam animals that are set up on two trails that wind through the woods and fields on the club's property near Lebanon. The trails are designed to challenge archers with shots that vary from as little as a few yards out to 75 yards and beyond. Both target archers and bow hunters will use the course to hone their skills at this fun-to-shoot event.

Wapiti Bowmen has a long history of promoting archery in the mid-valley. Their current home on Richardson's Gap Road has been the site of introductory archery programs for kids, target shoot competitions, 3D fun shoots, and bowhunter safety courses for youth and adults. The 40-acre property has two permanent 14-target field courses that take advantage of the contour of the land to give archers year-round access to fun shooting. There is also

a lighted practice range with targets between 10 yards and 100 yards, allowing archers to work on perfecting just about any shot at any time of day, regardless of the weather, as archers shoot from under a covered shooting line.

Future events include a Youth Safari on May 29, our Bonanza Safari on June 19 & 20, the Mel Schmidt Memorial shoot on August 21 & 22, and a fun Flashlight Shoot after dark on the night of October 16. For each of these, the club opens a concession stand to feed hungry archers with the likes of biscuits and gravy for breakfast, and burgers, hot dogs, and BBQ chicken for some shoots. The proceeds benefit our archery programs, fund range improvements, and purchase targets for future events. Wapiti welcomes all who are interested in archery to come on out and take a look at the available resources during the May shoot. There will be plenty of people there to answer any questions about archery and the Wapiti Bowman Archery Club.

The address of the range is 34861 Richardson Gap Rd., Lacomb, Oregon. Wapiti Bowmen can be found on Facebook and at wapitibowmen.com.



PHOTO BY DAN BATEMAN

## Albany Farmers' Market Opens!

Get ready for local, fresh produce and fun as the Albany Farmers' Market opens Saturday, April 17 in historic downtown Albany.

Hours for the Albany market will be 9 a.m. to 1 p.m. on Saturdays through Nov. 24 and will set up in its usual spot at Fourth Avenue and Ellsworth Street, next to Albany City Hall.

Covid restrictions have eased since last year, but Albany Farmers' Market organizers are asking patrons to continue exercising safe distancing and to please wear a mask. They are also asking patrons to observe these protocols:

- Stay at home if you are not feeling well
- Consider ordering and prepaying for items
- Send one person per household
- Bring cash when possible
- Use hand washing stations at the market
- Comply with rules and methods at each booth
- Don't eat while at the market
- Purchase items and then promptly exit

The market will continue its partnership with Supplemental Nutrition Assistance Program (SNAP) redemptions, and will match the first \$10 of every SNAP purchase with Double Up Food Bucks.

"We are thrilled to be able to give people access to high quality food, at a time when household finances are strained yet everyone needs to do everything possible to protect their health," said Rebecca Landis, Marketing Director for the Albany Farmers' Market.

As of this writing, Landis said she wasn't sure how the popular Power of Produce program (PoP) was going to be handled, and that the beginning and ending dates had not yet been settled. Traditionally under the program, kids ages 5 to 12 are given tokens to shop for their own produce to learn how to eat more healthy foods. Last year, because of Covid restrictions, parents were asked to select produce for their children.

The Albany Farmers' Market is thought to be the oldest continuously operating open-air farmers' market in Oregon. It began on the riverfront and moved in 2007 to its current location.

For more information about the market and preorder options, visit locallygrown.org, and its Facebook page.

Shoppers can also enjoy an afternoon at the monthly North Albany Farmers' Market, 6980 NW Highway 20, from 1 to 4 p.m. on Thursday, April 8, for a Seed & Starts Swap, and for more delicious fare on Thursday, May 6.

Started by Midway Farms to help small farms provide healthful food to local residents, owner Cynthia Kapple said the market might be offered twice monthly, or maybe even weekly, depending on the availability of produce from its vendors. Stay tuned!

For more information about the North Albany Farmers' Market, or to find out how to pre-order your selections, got to http://northalbanyfarmersmarket.com, or visit its Facebook page.

## Wapiti Bowman SHOOT DATES for 2021

Wet and Wild - March 6 & 7

3D Fun Shoot - April 10 & 11

Cinco de Arrow - May 1 & 2

Youth Safari - May 29

Bonanza Safari - June 19 & 20

Mel Schmidt - August 21 & 22

Flashlight Shoot - October 16





## **Fun Events for April 2021**

This year has been an interesting one so far. Remember may areas have children back in school, please be mindful of school zones and crosswalks.

#### FARMERS MARKETS

- Albany Sat 9am-1pm, City Hall Parking Lot https://locallygrown. org/home/
- Corvallis- Sat and Wed 9am-1pm, First St. Downtown https:// locallygrown.org/home/
- Salem Saturday 9am-3pm-865 Marion St NE, Salem https://www. salemcommunitymarkets.com/
- **CORVALLIS INDOOR** WINTER MARKET-Sat Jan 9-April 10 9am-1pm Benton County Fairgrounds. COVID restrictions are in place. Please wear your mask and stay 6ft apart.
- LINN COUNTY ANIMAL **RESCUE** -April 24th 1-3pm "Healing Hearts with Horses" event for individuals with PTSD. Please call (541) 258-3422 and leave your name & number. A volunteer will return your call and set up a time to attend, following

COVID state mandates/social distancing. Thank you!

- FIXER UPPER|A VIRTUAL **AUCTION FOR KITTEN AND PUPPIES-** April 14th 8am through April 17th 5pm. Join SafeHaven Humane Society for a virtual spring auction full of Fixer Upper items to support the animals at SafeHaven. Sponsors and Items are needed, for more details email Steph Lesire at steph@ safehavenhumane.com
- POINTS FOR PROFIT-VIRTUAL AWARDS NIGHT-April 27th 6-8pm. Join us on Zoom (541-791-2901) for a chance to see where our non-profits ranked for the 2020 year. Also find out who will be Businesses of the Year!

Information for this page has been provided by multiple organizations. If your organization has an upcoming event that you would like listed in a future issue of High Points, please email the information, as well as a name and phone number of a contact person submitting the article to: info@pointsforprofit.org

# **ril Word Search by Rolie the Puzzlemaste**l

AGENCY	FOREST	POWER
AGRICULTURE	INTERIOR	SENATE
ARMY	JUSTICE	SUPREME
BUDGET	LEGAL	TAX
BUREAU	LIBRARY	TRADE
CLAIMS	PAROLE	TREASURY
COMMERCE	PATENT	

## Hally tasten

High Points is a monthly publication with 10,000 copies distributed in Linn, Benton, Marion, Polk and Lane counties. This tabloid is about good news in the community so we need to hear from you! Contact us with your stories or if you'd like to advertise.

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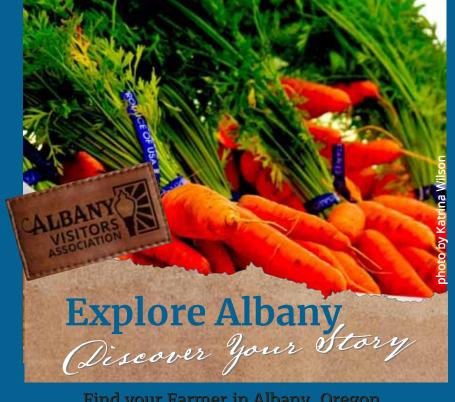
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#### Find your Farmer in Albany, Oregon.

Get ready for local, fresh produce and fun. The Albany Farmers' Market opens Saturday, April 17 in Historic Downtown Albany. 9 a.m. to 1 p.m. Saturdays through Nov. on 4th and Ellsworth next to Albany City Hall. Shop at the North Albany Farmers' Market, from 1 to 4 p.m. Thursdays, April 8, for a Seed & Starts Swap, and May 6 for more delicious fare. 6980 NW Highway 20.



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## **Gentle and Lowly**

# "The Heart of Christ for Sinners and Sufferers" "Come to me, all who labor and are heavy laden, and I will give you rest." Matthew 11:28

It's that time of year when many of us celebrate the death, burial, and resurrection of our Lord, Jesus Christ.

"Jesus said to her, 'I am the resurrection and the life. The one who believes in me will live, even though they die,'" John 11;25

Due to Covid, gathering together has been a challenge and frustration for regular attendees, and it is entirely possible you will not be able to celebrate Easter with your local church. In talking with dear friends, the consensus is that the lack of connection and interaction with dear brothers and sisters in the Lord has developed into anxiety, isolation, and loneliness for many. We know that Christ is available and there for us, and yet we long and hunger for fellowship with one another. I'm looking forward to the day when I can meet a friend for coffee and enjoy conversation face to face. So what is the solution? Where do we go from here? This may seem odd, but I might suggest diving into the very character of Christ.

Don Ortlund makes this statement in his new book, Gently and Lowly: "Christians know what Jesus Christ has done-but who is He? What is His deepest heart for His people, weary and faltering on their journey toward heaven? Jesus said He is 'Gentle and Lowly in heart." What does Jesus mean when He says He is gentle and lowly? Are these demonstrating a weakness of some kind? I would say NO! Don goes into details about the character of Christ that I believe will rebuild the foundation to our very faith and prepare us for the day when we once again can gather together. By diving deep into His character, I believe we can truly find the rest and reassurance that we all need during these challenging days. May God bless you as you pursue knowing our Lord in a deeper way.

Note: Just bring in this article and you will receive 20% off Don's book, Gentle and Lowly.

Love in Christ, Kevin Ferguson

## **Pop Those Seeds!**

& Research

#### **BY RHEA GRAHAM**

It's time to get those cannabis seeds started! Are you typically successful at getting them to pop? My beautiful daughter Kendra had a 100% success rate during her growing tenure; I hope you are equally as successful.

She found that the seeds especially liked warmth and moisture for a couple of days.

You can buy

something fancy, like a seed-starting mat for

the heat, or you can use the constant heat from a source such as a light bulb. You can invest in the little covered "greenhouse" or you can make one of your own. A clear cup with a closed dome lid, like the ones you get with a sundae, works nicely.

Seeds can be started in a folded wet paper towel or you can purchase the "plugs" that expand with water. The heat and moisture are the important parts; the seeds seem to pop no matter what they are in, so long as there is moisture and heat. The heat is important to keep the seed from molding. If the seeds are started in the plugs, you do not have to replant

them, so your success rate will be higher.

Soak your plugs in warm water and push your seeds about 1" down. Put this in your little "incubator" and put it where it will maintain at least 70

degrees. It is warm enough when it "sweats." This is probably the easiest way to start seedlings. You should see green in 3-4 days, but be

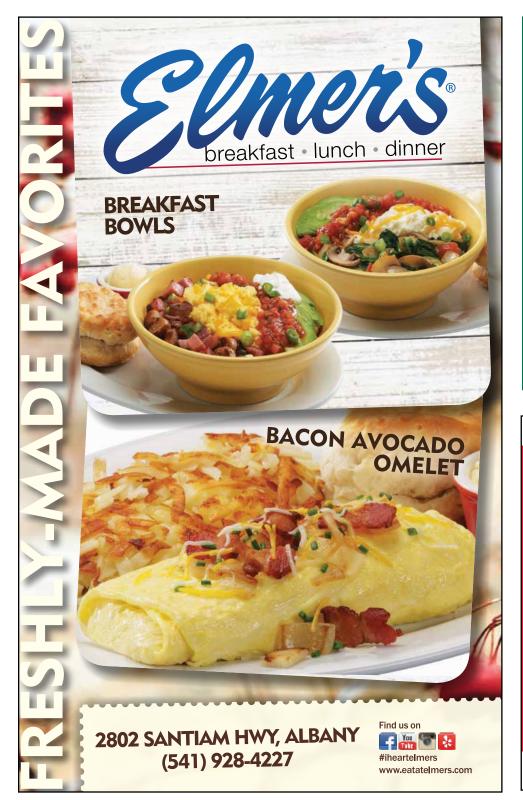
patient, as some take

Albany's Canna Kitchen some take longer.

You'll want to

keep your seedlings in these surroundings until they are 3-4" tall and have developed three sets of leaves or more. Often, seeds that shoot right up to 4" are male; you have a 50/50 chance with non-feminized seeds.

Cannabis does grow like a weed, but naturally, there are many tricks to the trade. Patients at Albany's Canna Kitchen & Research are able to check out grow books (and others) from the Lending Library. If you are interested in learning more, give us a call at 541-981-2620 and we will get you pointed in the right direction.









## **KAREN'S FAMOUS RECIPES**

### **Abundant Coconut Cream Pie**

**BY KAREN ROGERS** 

Coconut cream pie is a real thing of beauty- creamy filling, coconut, whipped cream and crisp pie crust, heavenly!!!

I do not like pies that skimp on the filling, so this makes one righteous pie.

Blind bake one 9 inch pie shell from your favorite recipe (or purchase one, only as a last resort!)

Let cool on rack.

Separate 6 large eggs and place the yolks in a large bowl,

and beat lightly with a whisk, reserving the whites for another use.

Pour 4 C milk into a large glass measuring cup and add 1 tsp vanilla and ½ tsp coconut flavor.

In a large saucepan mix ½ tsp salt, 3 ½ tbsp. cornstarch and 2 tbsp. flour. Mix until well blended. Measure 1 C sugar or Splenda, if using Splenda do not add until after the milk is added. Mix the sugar in the pan and slowly add the milk, stirring carefully so no

lumps form. If using the sweetener, add it now. Cook over medium heat until the mixture thickens and boils, stirring constantly. Remove from the heat and pour about half over the egg yolks, whisking quickly until combined and smooth. Return the yolk mix to

> the sauce pan and stir for about a minute. Stir in 3/4-1 C flaked coconut and pour into the shell. **Immediately** press a piece of plastic wrap onto the surface

to prevent a thick "skin" from forming. Chill completely. Serve with real, sweetened whipped cream and top with toasted coconut.

By omitting the coconut and coconut flavoring, you can make a banana cream pie by placing sliced bananas in the

No thin, pitiful store-bought or frozen pie can hold a candle to this fine

## **New Thoughts on Autism**

DR. NICHOLAS BROWN, **CHIROPRACTOR** 

#### WHAT IS THE NEW THINKING ABOUT THE INCREDIBLE INCREASE **IN CHILD AUTISM?**

In a study by Drs. Anthony Samsel and Stephanie Seneff, MIT scientists have drawn a strong correlation between glyphosphate pesticides and autism spectrum disorder. The study was published in April 2013.

Glyphosphate (commonly called Roundup) is one of the most widespread herbicides in use today. Today, most people's exposure to Roundup is not on the farm or the garden, but through eating genetically modified foods (GMOs). 80% of genetically modified crops, particularly corn, soy, canola, cotton, sugar beets, and most recently alfalfa, are specifically targeted towards the introduction of genes resistant to glyphosate, the so-called "Roundup Ready® feature." This allows commercial farmers to spray Roundup on their crops continually without killing the plants. The upside is high yield crops with no pest damage. The downside is that the crops are saturated with Roundup and consumed by those who eat the crops.

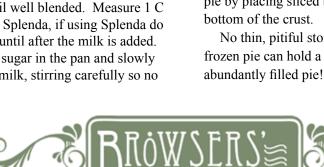
The industry asserts that glyphosate is nearly nontoxic to mammals

and therefore it is not a problem if glyphosate is ingested in food sources. It is claimed to be less toxic than aspirin. As a consequence, measurement of its presence in food is practically nonexistent. Research doesn't back up these claims.

"At today's rate, by 2025, one in two children will be autistic," Dr. Seneff stated. She noted that the side effects of autism closely mimic those of glyphosate toxicity, and presented data showing a remarkably consistent correlation between the use of Roundup on crops (and the creation of Roundup-ready GMO crop seeds) with rising rates of autism.

#### **HOW DOES ROUNDUP AFFECT** THE HUMAN BODY?

Glyphosate inhibits detoxification of xenobiotics and interferes with cytochrome P450 enzymes (enzymes that allow the liver to detoxify the body), which enhances the damaging effects of other chemical residues and toxins, and very slowly damages cellular systems in the body through inflammation. It has also been found to have a direct effect of killing normal gut bacteria leading to gut dysbiosis. Eat only organic foods and avoid all GMO products.





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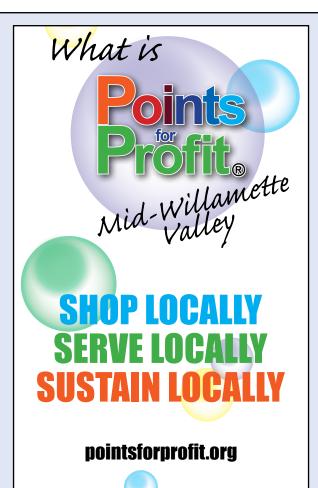
but not limited to spasms caused by multiple sclerosis. CALL NOW TO SCHEDULE YOUR APPOINTMENT!

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**POINTS FOR PROFIT MEETING is April 27, 2021** from 6-8 pm on Zoom. Zoom Room id is 541-791-2901. For more info visit pointsforprofit.org.

## **Willamette Valley's Game Closet!**

CONUNDRUM

HOUSE

Mark van der Pol and Adrienne Fritze, coconspirators at Conundrum House, are committed

to bringing play, curiosity, and joy to their club members and retail customers from wherever they hail.

The duo offers the best of contemporary and hard-to-get tabletop games (think CATAN and Van Ryder Games award-winning DETECTIVE), RPGs (like Dungeons & Dragons; and Sherlock Holmes, Consulting Detective), card games (Arkham Horror universe, various brain games), party games (Codenames), escape games (UNLOCK! and

Mystery Mansion), manipulative puzzles (Rubik's cubes, Hanayama puzzles), and so much more.

Unique among game stores in the Corvallis-Albany area, Conundrum House has a Game Rental Club where members may check out games for a week at a time. For \$60 a year, members take home one game a month for a week at no charge, no matter the retail value of that game (ranging from \$20 to \$100/game title). If you wish to extend the

rental of that game or check out a second title, the rental fee is just \$7.50/week. This program gives

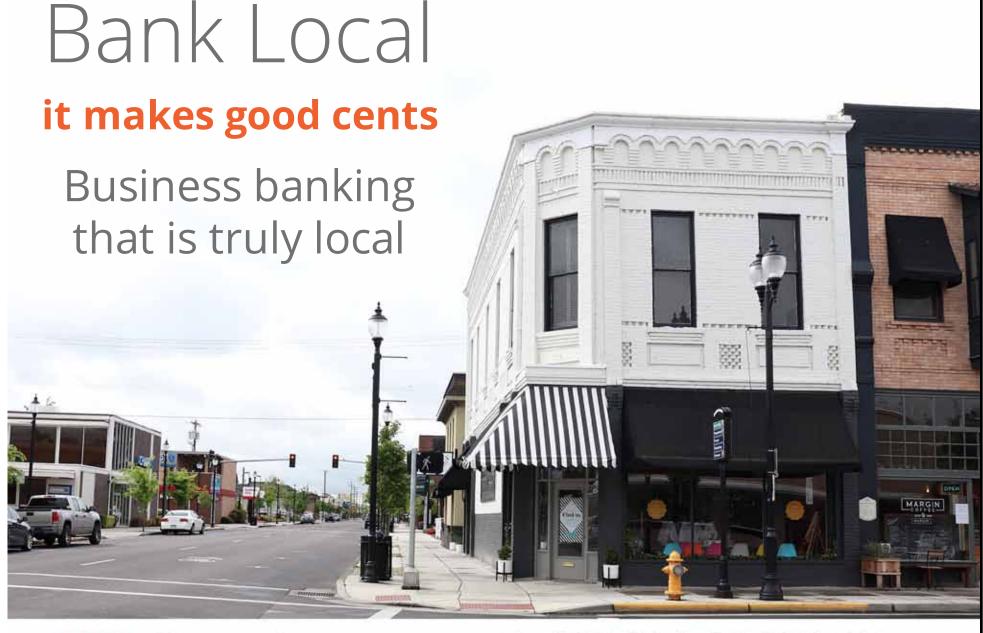
you and your family an average of over \$350 in savings by NOT buying expensive games! They also offer a Try-B4-You-Buy program for their members.

You can rent or buy any of these titles, both online and in their brick-n-mortar game library & retail shop. Visit the store at https://conundrum. house, or check out the Game Rental Club at https://conundrum.house/products/game-rentals-club



Conundrum House is committed to offering fun and connecting events to folks experiencing the nasty side effects of Lockdowns and Social Separation so prevalent with the Covid-19 measures. They've supplied game nights and Live-

"Game Closet" continued on page 6





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- Pathways
- Safe Haven Humane Society
- St. Edward's Youth
- Wapaiti Bowman
- We are the Solution-Kickin Cancer
- We Love McKenzie



#### Game Closet continued from page 5



Action Role-Play adventures to employees in l0ocal non-profits, as well as individuals and families separated by distance or safety measures.

Check out their current LARP Mystery Adventure at https://conundrum.house/pages/end-of-thyme-game

Adrienne and Mark are also becoming well known for crafting engaging experiences for schools, youth groups, and historical societies both locally and halfway round the world! Some of these adventures include fundraising as a key element, a thing the organizers thought they couldn't successfully do online. This year they've worked with the Berlin Brandenburg International School in Germany, a local Girl Scout Troop in Corvallis, and are currently developing a clue hunt adventure for the Benton County Historical Preservation Commission to celebrate Historic Preservation Month this May!

The Duo also offer FREE Game Nights twice a month for folks from across the nation to come and play with family and friends, as well as friends-wehaven't-met-yet, looking for fun things to do on a Thursday or Friday evening. These Game Nights are the 2nd Thursday of the month from 6:30 - 8:00 p.m. PST, or the 4th Friday from 4:00 to 5:30 p.m. PST. Sign up for the Free Game Nights here: https://conundrum.house/pages/freegamenight and invite your friends & family to join as well!

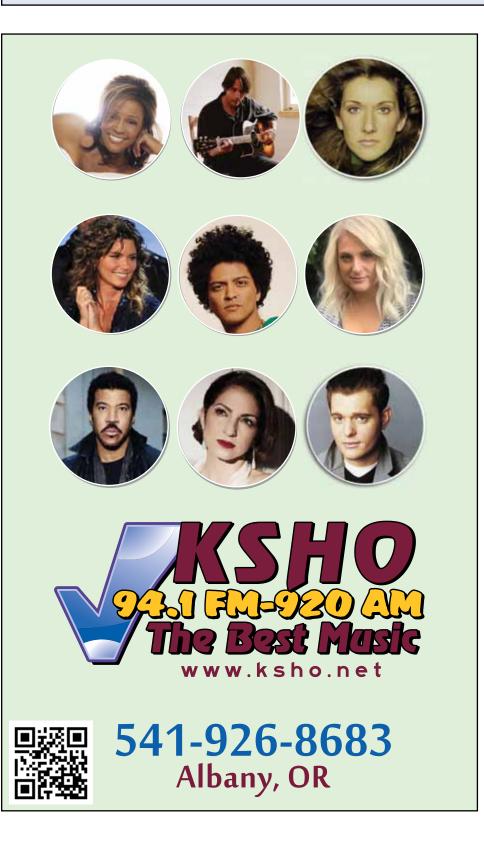
#### THE DEETS

Currently, Conundrum House is open Wed-Sun, from NOON to 6 p.m. The shop & game library is tucked away on the 2nd floor of the Welshur building at 460 SW Madison Avenue, Suite 16 in downtown Corvallis. (541) 224-8114

Masks are required when visiting. They also have hand sanitizer and gloves, so you can practice safe game browsing.;)

And, THEY DELIVER!

You can also reach them at librarian@conundrum. house, or through their Facebook page at https://facebook.com/ConundrumHouse





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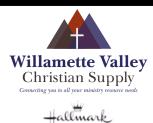
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# Which Plants are Toxic to your Fur Family?

BY DR. ERIC GLAZE, Albany Animal Hospital 541-926-8817

I recently got to watch an excellent Zoom lecture for veterinarians regarding poisonous plants. Not only was it helpful for me, but I also thought it would make for a good little piece of education for pet owners.

Thankfully, most plants are not extremely toxic to pets. For example, most houseplants are only mildly toxic if ingested. This is because most houseplants are in a group known as insoluble oxalate containing plants. These are the leafy green, hard-to-kill houseplants that do well without direct sunlight. Examples include plants like philodendrons, devil's ivy, umbrella plants, mother in law's tongue, and false lilies like calla and peace lilies. (Note: true lilies are DEADLY to cats, see below) These predominately cause oral irritation and GI upset. If a cat was recently seen chewing on one of these plants and is now hyper-salivating, just rinsing out its mouth can be very helpful, along with a call to the veterinarian. A smaller group of houseplants fall into the soluble oxalate containing group. These oxalates can be absorbed and, if ingested in large enough amounts, pose a problem for kidneys. The good news is that pretty large amounts need to be ingested in order for oxalates to become toxic. One exception is the popular shamrock plant in a house with a senior cat with delicate aged kidneys. This one should be kept out of reach if your older cat likes to nibble occasionally on greens.

Now for some of the bad plants. The number one deadly plant with respect to cats are the true lilies. Veterinarians hate the spring holiday season because of the popularity of Easter lilies in flower bouquets, which are of course only kept indoors where they

can be enjoyed before they wilt and are thrown out. The true lilies are one of the most popular flowers in bouquets regardless of the time of year. They are cheap, smell nice, and even the greens are used in floral arrangements. A true lily should NEVER be in the same house as a cat. They are that deadly. True lilies include day lilies, stargazer lilies, tiger lilies, and Oriental/Asiatic lilies. Exposure to any part of the plant is toxic even the pollen. The result is acute kidney failure in a matter of hours. A recent survey showed 60% of homeowners said they could identify a lily, but only 30% knew how deadly they are to cats, so you might want to share this information with other cat owners.

Another highly poisonous plant increasing in popularity is the cycad or sago palm. These are among the plants you'll find at the last-minute purchase section at an IKEA. They are also very hardy, which is probably why they've been around since before the time of the dinosaurs. They are extremely toxic to all animals, including humans. (But people are very unlikely to eat them, unless you have toddlers around.) As for pets, it is dogs that tend to ingest these plants. Any part of the plant is toxic. The toxin in this plant does the most damage to the liver. One study of reported cases found that fifty percent of dogs that ingested a toxic dose died. So, the sago palm also gets special mention and dog owners should be aware.

There are other plants that are known to be toxic, but cases of poisoning in small animals are thankfully rarely reported. The take home is that true lilies kill cats and sago palms are potentially deadly for dogs.

For a complete list of plants visit the ASPCA website. Note that the list is extensive and may be a little alarming.

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looking for a best friend to love you always, then I am your gal! What are some of your hobbies? Mine include chasing tennis balls and squeaking my squeaky toys! Do you need a new walking buddy? I



love walks! I am the sweetest girl you'll meet. I have this afternoon totally open, so you should come down to SafeHaven and meet me! I have a grrr-eat feeling about us!

SafeHaven is now OPEN! Stop by any day of the week to meet this sweet girl and spend some time with any of our animals. We have meet & greet rooms, as well as yards, available for you to spend some quality time getting to know her. We're located at 32220 Old Hwy 34 in Tangent, OR and open at noon every day of the week!







## **Window Safety Week**

Each April, this space is dedicated to Window Safety Week, which is observed during the first week of April. It's designed to heighten awareness for parents and caregivers in order to prevent falls from

windows and help them understand the role windows play in fire safety. With warmer weather ahead, here are a few suggestions to keep your children and guests safe.

Window screens are designed to keep insects out, rather than hold a child's weight and prevent them from falling. Children should not be left



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unattended around open windows, with or without window screens. Avoid placing furniture under windows that might allow a child to climb and potentially fall from an open window. You might consider purchasing window opening control devices from the manufacturer, which are designed to limit how far a window can open but have a release to allow for escape in case of emergency. Finally, planting shrubs or grass beneath a window will lessen the impact if a fall does occur.

If you have wood windows, make sure they are not painted shut. While doors are the primary exit during a fire, windows are considered a secondary exit. Make sure they open properly in case of an emergency and be sure to train your children how to escape from a window if needed.

Installing window air conditioners is common, however, keep in mind these windows may be needed for escape in case of a fire. Always be sure that you have at least one window in each bedroom that meets local codes for escape and rescue.

As summer weather approaches, it's a great idea to take a look at your upper floor windows to prevent any falls. While you're at it, consider how you might escape so you'll be prepared in case of an emergency.

You can get more information at www.smith-glass.com or by calling them at 541-926-4446 or 541-753-9175 or you can visit their showrooms in Albany or Corvallis. Smith Glass, On the Cutting Edge Since 1945.

## Portable Outdoor Propane Heater and Tank Safety and Storage

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The benefits of propane don't end at the front door. Portable propane patio heaters and outdoor heaters are becoming increasingly popular with certain small businesses, restaurants, and families on their backyard patios during these times with COVID regulations. Outdoor propane heaters work by different methods and emit heat by

and emit heat by convection, forced air, or through infrared heating. They also vary in capacity, output adjustability, size, and capability to heat areas of differing square

specific to your model.

footage. No matter which model you use, these safe, effective heaters are a great way to warm up a patio or outdoor space. Below are 6 simple rules to keep you and your guests safe. Note: Always refer to your owner's manual for information

- Do not operate or light the heater if you smell gas. Propane has a distinct odor (rotten eggs), and care should be taken when changing propane cylinders and lighting the heater.
- Outdoor Propane heaters are for outdoor use only. Outdoor heaters may seem like a suitable replacement for indoor heat source, but they should

never be used indoors or enclosed areas.

• Outdoor propane heaters should be turned off and disconnected prior to relocation. Outdoor propane heaters offer the convenience of portability and mobility. Moving them while a propane outdoor heater is in use, however, could create a potentially unsafe situation.

• Keep outdoor heaters away from exits. Regulations require that portable outdoor propane heaters "shall not be located within five feet of exits from an assembly

occupancy." This is to prevent heaters from being bumped or knocked over by people entering or exiting the building.

- Only use outdoor patio heaters on flat, stable surfaces, away from foot traffic. Do not place heaters anywhere unstable, in high-traffic areas, or in the path to primary exits.
- Keep heaters away from flammables. Each manufacturer has specific requirements for how close heaters can be to combustible materials like paper, and items that might melt, like tents or plastics. Make sure that you are familiar

Tank Safety continued on page 11

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## The Coming Race **By Edward Bulwer-Lytton**

You may have heard that post-apocalyptic fiction is one of the hottest trends in modern literature. With a worldwide pandemic making

the daily news, post-apocalyptic settings have reached a wider audience than ever and crossed genres from science fiction to adventure to literary novels.

About a century and a half ago, long before post-apocalyptic writing was a "thing," The Coming Race achieves something rarely seen--it is a PRE-apocalyptic novel. It actually has a foot in each of two separate traditions: the utopian novel, and the lost race novel.

Our hero is a young man traveling the world. He accidentally discovers that there is an entire world inside of the hollow earth. (This was not a new invention--Jules Verne's classic Journey to the Center of the Earth was first published in 1864, and The Coming Race was published in 1871, so certainly Bulwer-Lytton read Verne's book.) Much of the first half of the book is a description of this utopian society. Most notable to the visitor--something he

repeatedly discusses--is the astonishing fact that the women are stronger and smarter than the men.

> are simply reversed, especially those involving courtship. In general, however, the society is much more egalitarian than its contemporary America, but it seems that the author can't imagine a truly equal society, and there are still gender issues

that would make a nineteenth century male comfortable. (Especially the fact that women give up their wings when they marry.)

The basic takeaway is that this society has learned to control "Vril," an electric super-source, and it grants them unlimited power, including the society's ability (and moral willingness) to commit complete genocide to a race they deem inferior. The reader is left with no uncertainty of two facts: a) humans are inferior to this race, and b) the 'coming race" is running out of room underground...

Some of the traditional nineteenth century gender roles





Tank Safety continued from page 10



with the manufacturer's recommendations on distance requirements.

#### **PROPANE CYLINDER STORAGE**

Outdoor propane heaters use portable propane cylinders as a fuel source. There are regulations and safety considerations that apply to the storage of portable cylinders that are not in use.

- Never store propane cylinders indoors.
- Store cylinders in a well-ventilated area.
- Store cylinders that are not in use at least 20 feet away from heaters that are being used.
- Store cylinders upright with the valve facing up, never laid on their side or upside down.
- Store cylinders on a firm level surface.
- Store cylinders a minimum of 10 feet away from any source of ignition such as smoking areas or air conditioning/refrigeration equipment.
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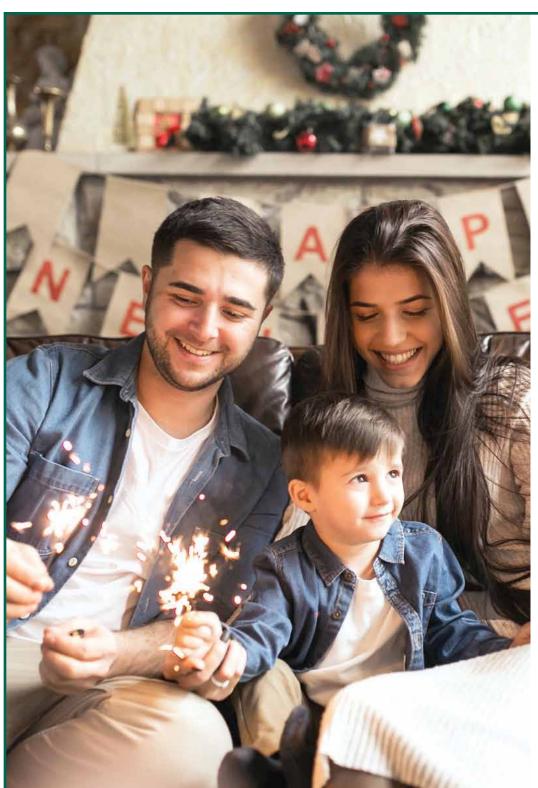


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